

SELFLOOPS Cloud Services



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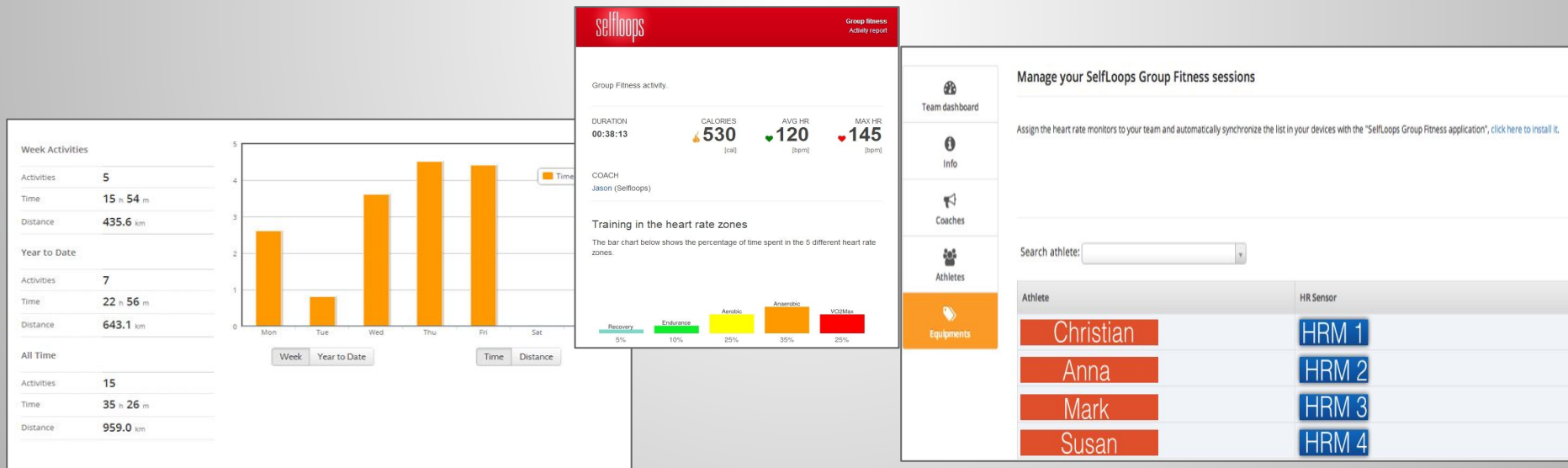
The SELFLOOPS Cloud Services include

Email reports at the end of the session with statistics and graphs.

User and sensors management in the website

Diary and advanced data analysis

Gamification and Challenges

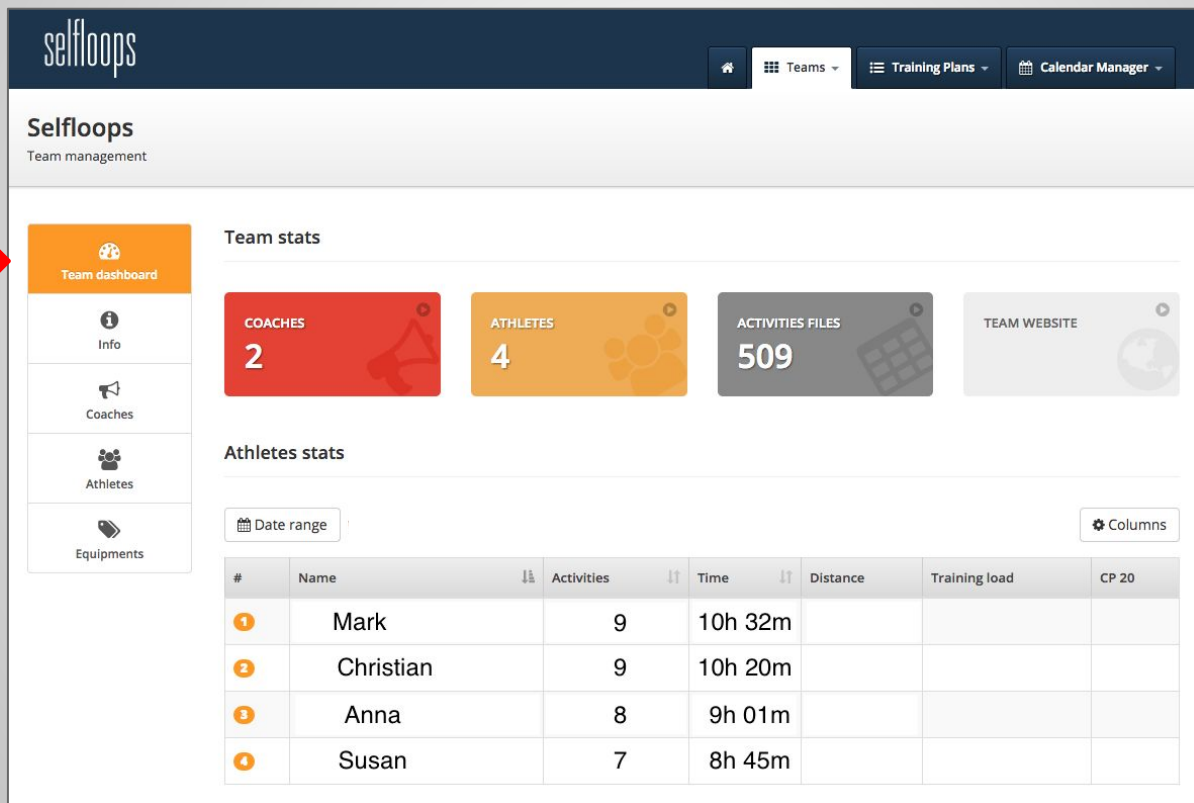


Getting Started with the Cloud

Log In at www.selfloops.com



Team dashboard with statistics



Selfloops
Team management

Team stats

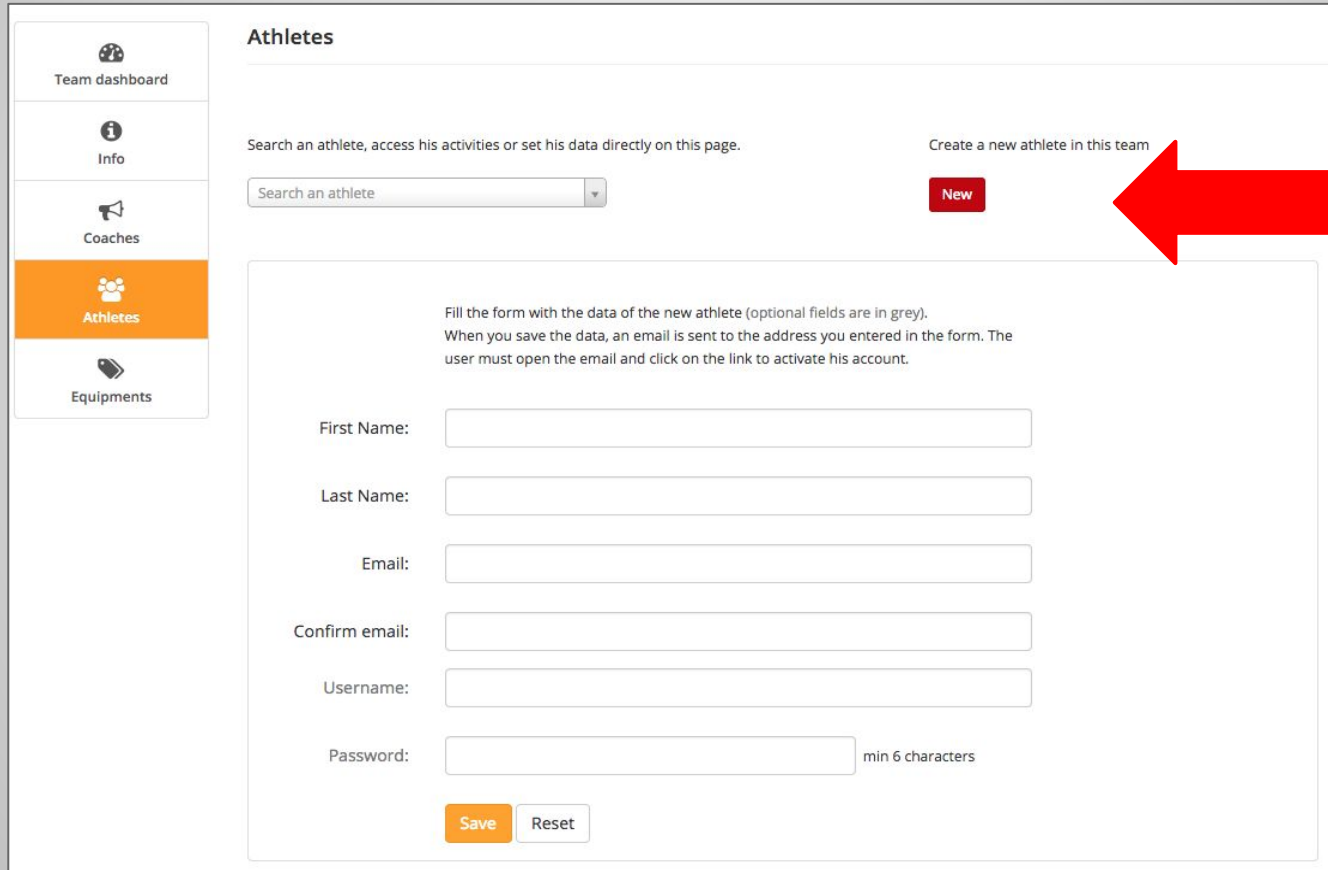
- COACHES: 2
- ATHLETES: 4
- ACTIVITIES FILES: 509
- TEAM WEBSITE

Athletes stats

Date range: Columns:

#	Name	Activities	Time	Distance	Training load	CP 20
1	Mark	9	10h 32m			
2	Christian	9	10h 20m			
3	Anna	8	9h 01m			
4	Susan	7	8h 45m			

Add a new athlete in the team



The screenshot shows a web application interface for managing athletes. On the left is a sidebar with five menu items: 'Team dashboard', 'Info', 'Coaches', 'Athletes' (highlighted in orange), and 'Equipments'. A large red arrow points from the left towards the 'Athletes' menu item. The main content area is titled 'Athletes' and contains a search bar with the placeholder text 'Search an athlete' and a dropdown arrow. To the right of the search bar is a red button labeled 'New', with another large red arrow pointing towards it from the right. Below the search bar and button is a form for adding a new athlete. The form includes instructions: 'Fill the form with the data of the new athlete (optional fields are in grey). When you save the data, an email is sent to the address you entered in the form. The user must open the email and click on the link to activate his account.' The form fields are: 'First Name:', 'Last Name:', 'Email:', 'Confirm email:', 'Username:', and 'Password:'. The 'Password' field has a note 'min 6 characters' next to it. At the bottom of the form are two buttons: 'Save' (orange) and 'Reset' (white with grey border).

Athletes

Search an athlete, access his activities or set his data directly on this page.

Search an athlete

Create a new athlete in this team [New](#)

Fill the form with the data of the new athlete (optional fields are in grey).
When you save the data, an email is sent to the address you entered in the form. The user must open the email and click on the link to activate his account.

First Name:

Last Name:

Email:

Confirm email:

Username:

Password: min 6 characters

[Save](#) [Reset](#)

Manage sensors

In the Equipments section you'll add all the sensors (HRMs, bike sensors, etc.)

If the sensors are always assigned to the same athletes, assign the sensors in this section.

If the sensors are “loaners” you'll use the class management system to dynamically assign them to the athletes.

Selfloops

Team management

Team dashboard

Info

Coaches

Athletes

Equipments

Manage your SelfLoops Group Fitness sessions

Assign the heart rate monitors to your team and automatically synchronize the list in your devices with the SelfLoops Group Fitness application.

Search athlete:

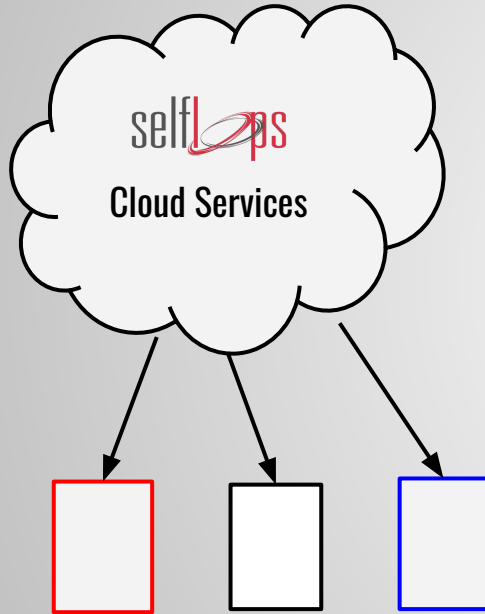
Athlete	HR Sensor
Mark	HRM 1 (62FFCC13)
Anna	HRM 2 (32FEBA12)
Susan	HRM 3(44FDCC14)
Christian	HRM 4 (01CADE4A)

Manage Sensors

New

Label	HR ID	Action
HRM 1	62FFCC13	<div><div></div><div></div></div>
HRM 2	32FEBA12	<div><div></div><div></div></div>
HRM 3	44FDCC14	<div><div></div><div></div></div>
HRM 4	01CADE4A	<div><div></div><div></div></div>
		<div><div></div><div></div></div>

Sync the information from the Cloud



Once you have assigned sensors to users on the SELFLOOPS website, you can download all the data to your device with the press of a button.

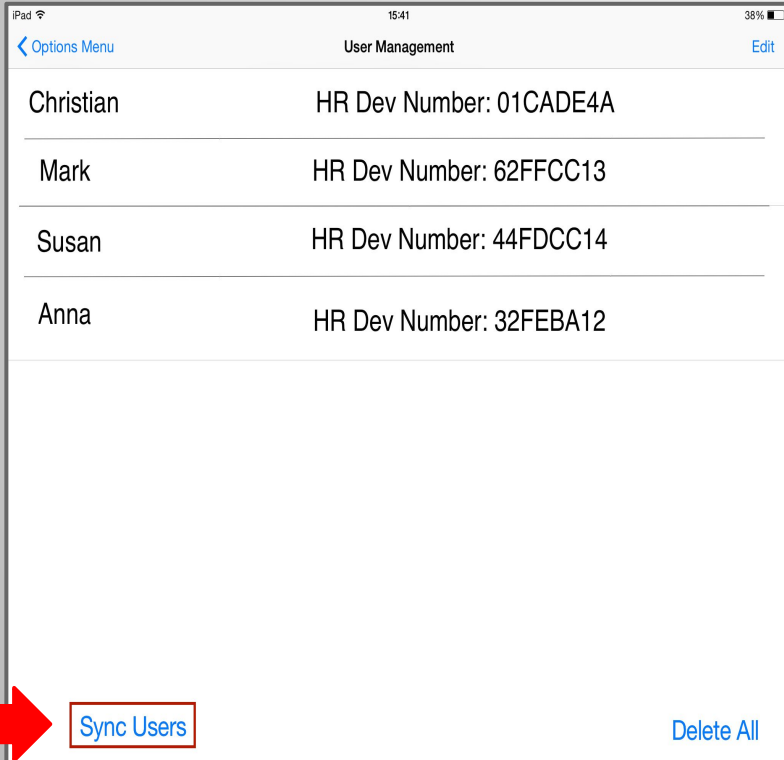
Synchronization will transfer all user information to the receiver device, including age, weight, max heart rate, and sensor identification numbers.

Synchronization works seamlessly across multiple devices. All information is securely stored in the Cloud and can be downloaded anytime you need.

Sync on multiple devices, such as iPad or Android devices and Apple TV.

Synchronize Users

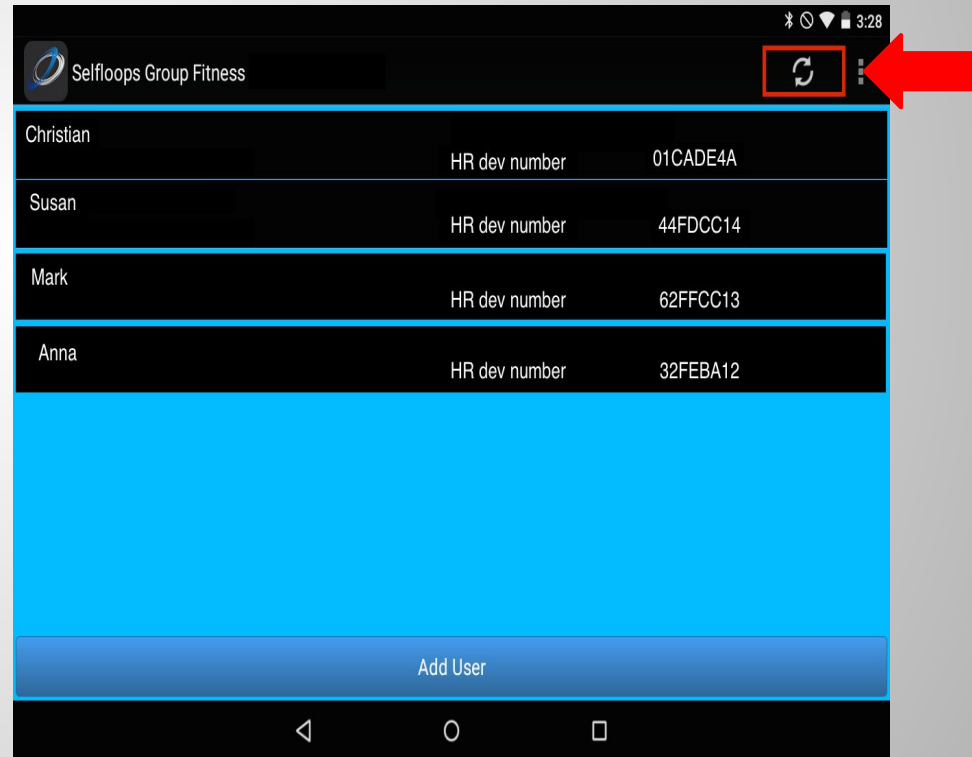
iPad



The iPad screen shows the 'User Management' interface. At the top, there is a status bar with 'iPad', signal strength, time '15:41', and battery '38%'. Below the status bar, there is a navigation bar with a blue '< Options Menu' button on the left, the title 'User Management' in the center, and a blue 'Edit' button on the right. The main content area displays a list of four users: Christian, Mark, Susan, and Anna, each with their 'HR Dev Number'. At the bottom, there is a large white button labeled 'Sync Users' (highlighted with a red arrow) and a blue 'Delete All' button.

Name	HR Dev Number
Christian	01CADE4A
Mark	62FFCC13
Susan	44FDCC14
Anna	32FEBA12

Android

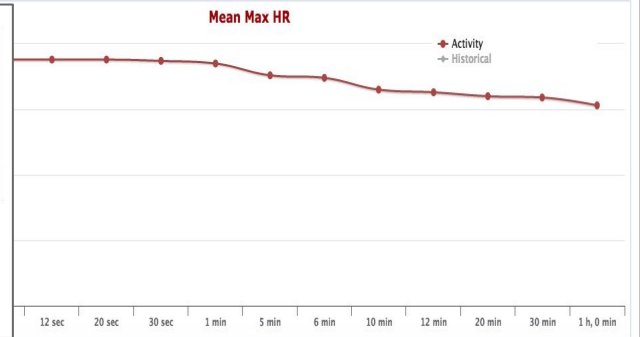
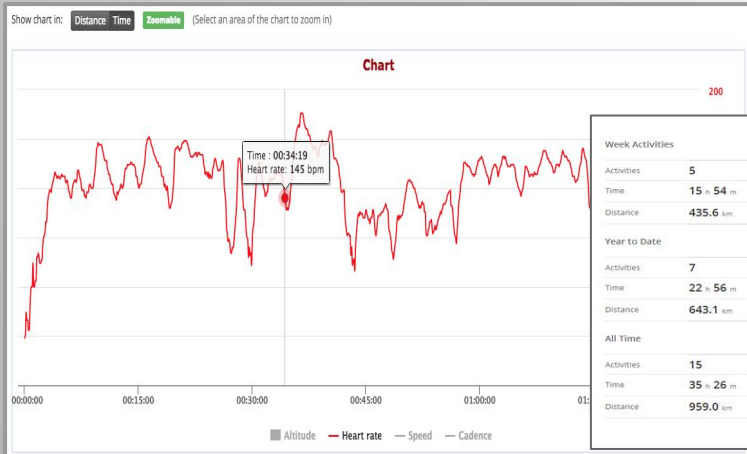
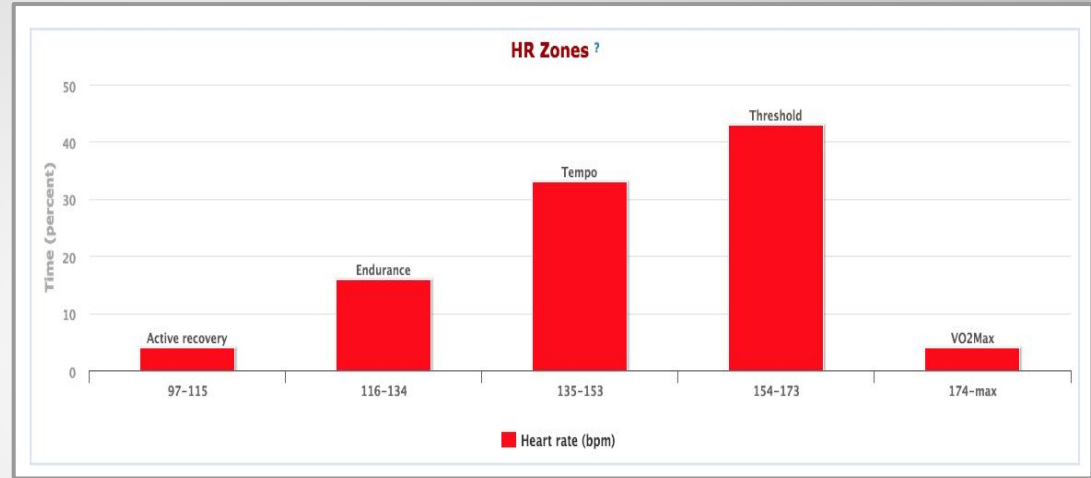


The Android screen shows the 'Selfloops Group Fitness' app. At the top, there is a status bar with signal strength, Wi-Fi, battery, and time '3:28'. Below the status bar, there is a navigation bar with the app logo and title 'Selfloops Group Fitness' on the left, a red square button with a circular refresh icon (highlighted with a red arrow) in the center, and a vertical menu icon on the right. The main content area displays a list of four users: Christian, Susan, Mark, and Anna, each with their 'HR dev number'. At the bottom, there is a large blue button labeled 'Add User'.

Name	HR dev number
Christian	01CADE4A
Susan	44FDCC14
Mark	62FFCC13
Anna	32FEBA12

Advanced data analysis

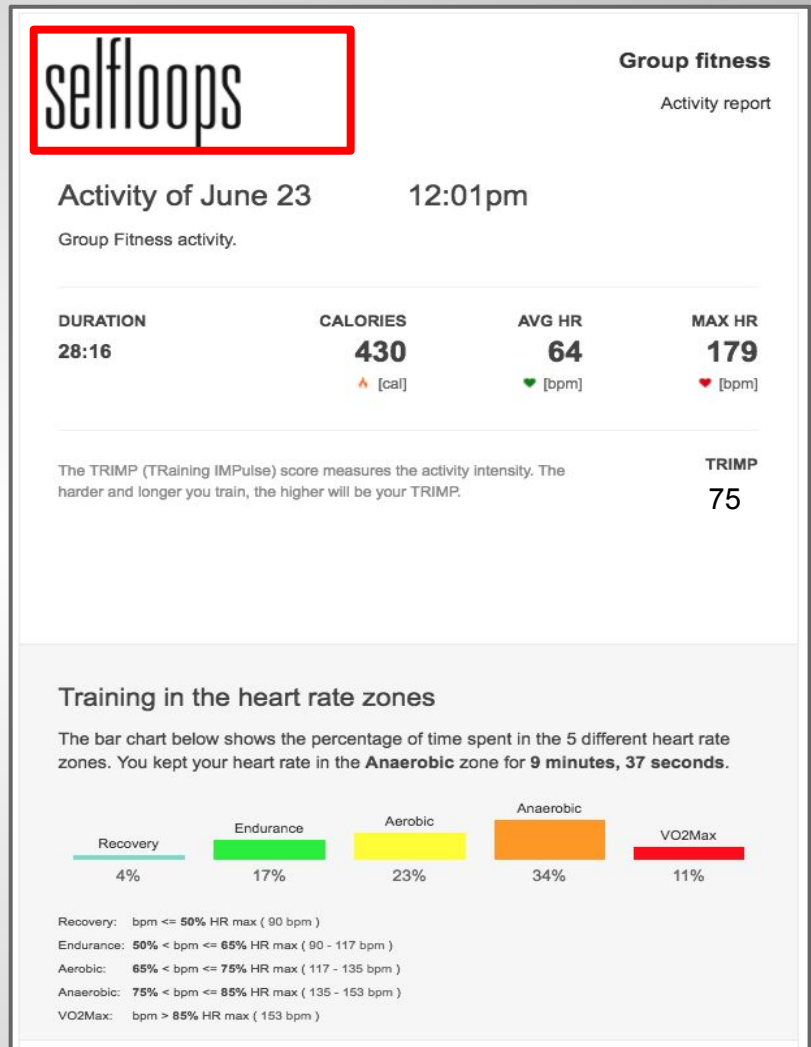
Uploading sessions to the SELFLOOPS Cloud allows users to access their data, visualize their performance, and maintain a training diary on the SELFLOOPS website and on the Spark app.



gym logo here

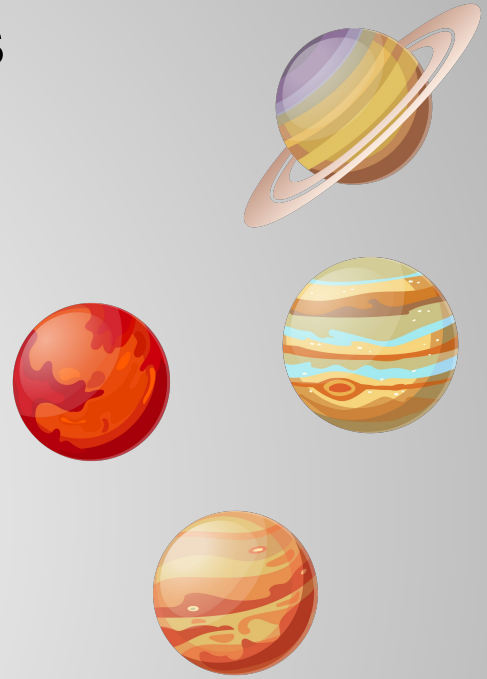
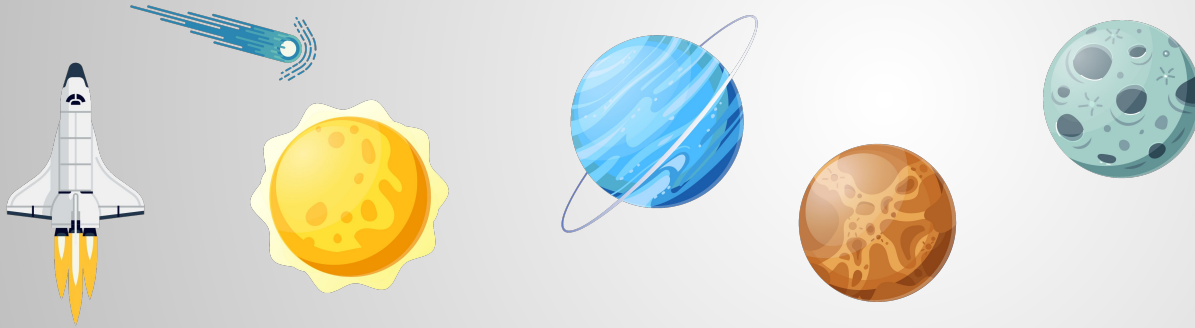


Email reports at the end of
the workout



SELFLOOPS Cosmic Levels

Each month, clients need to maintain or exceed the activity target to ascend. Miss the target, and the client might drop a level, adding a strategic element to the fitness regimen.



This system is designed for long-term engagement and retention, encouraging your members to stay active and reach new heights over the years.

More information is on <https://support.selfloops.com/>



Gamification and Challenges

Increase engagement and client retention

Choose a target and a date and have your clients compete in healthy competitions



Targets can be points, steps, distance and more

This system is designed for long-term engagement and retention, encouraging your members to stay active and reach new heights over the years.

More information is on <https://support.selfloops.com/>



Contacts

SELFLOOPS Group Fitness

<https://www.selfloops.com/products/groupfitness.html>

email: support@selfloops.com

